WEEK A: 16th Nov 7th Dec	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Red pepper and sweetcorn pizza Or Cheese and tomato pizza Served with baked potato wedges and seasonal vegetables	Caribbean chicken curry Or Sweet potato and chick pea curry Served with 50/50 rice, naan bread and seasonal vegetables	Mince beef and onion pie Or Roasted vegetable and cranberry slice Served with mash potato, seasonal vegetables and gravy	Chicken and Broccoli pasta bake Or Butterbean and Broccoli pasta bake Served with garlic bread and seasonal vegetables	Fish fingers Or Vegetable stir fry and noodles Served with chips, peas or beans
Jacket potato	Beans Or Cheese Served with fresh mixed salad	Beans Or Cheese Served with fresh mixed salad	Cheese and beans Or Tuna mayo Served with fresh mixed salad	Cheese Or Beans Served with fresh mixed salad	Cheese and beans Served with fresh mixed salad
Cold Option	Cheese wrap Or Egg Wrap Served with pasta or 50/50 rice and salad	Cheese roll Or Ham sandwich Served with pasta or 50/50 rice and salad	Ham roll Or Cheese wrap Served with pasta or 50/50 rice and salad	Ham wrap Or Egg mayo sandwich Served with pasta or 50/50 rice and salad	Ham wrap Or Cheese wrap Served with pasta or 50/50 rice and salad
Dessert	Pear and Ginger cake	Fruity Shortbread	Banana cake and custard	Fruty jelly with cream	Vanilla ice cream and peaches
	Fresh bread, Fresh fruit and yogurt available every day				