

WEEK A: 7th Sept 28th Sept 19th Oct	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Macaroni cheese Or Lentil and courgette pasta bake Served with green beans and garlic bread	Hot dog Or Quorn hot dog Served with potatoes or pasta salad and vegetable crudites	Roast beef Or Halal chicken Or Leek and butterbean pie Served with roast potatoes, seasonal vegetables and gravy	Chicken tacos Or Veggie tacos Served with sour cream, salsa, rice and sweetcorn	Fish fingers Or Fully loaded vegetable pasta bake Served with chips, beans or peas
Jacket potato	Beans Or Cheese Served with fresh mixed salad	Beans Or Cheese Served with fresh mixed salad	Cheese and beans Or Tuna mayo Served with fresh mixed salad	Cheese Or Beans Served with fresh mixed salad	Cheese and beans Served with fresh mixed salad
Cold Option	Cheese wrap Or Egg wrap Served with pasta or 50/50 rice and salad	Cheese roll Or Ham sandwich Served with pasta or 50/50 rice and salad	Ham roll Or Cheese wrap Served with pasta or 50/50 rice and salad	Ham wrap Or Egg mayo sandwich Served with pasta or 50/50 rice and salad	Ham wrap Or Cheese Wrap Served with pasta or 50/50 rice and salad
Dessert	Mixed fruit and yogurt	Apple and carrot muffin	Peach crumble and custard	Fruit jelly	Vanilla ice cream
	Fresh bread, Fresh fruit and yogurt available every day				