

<b>WEEK A: 5th Jan 26th Jan</b>	<b>Monday Meat Free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Cheese and tomato pizza slice  Or Vegetable pizza slice  Served with dry roasted potato wedges and sweetcorn	Chicken casserole  Or Fully loaded butterbean casserole  Served with mashed potatoes and seasonal vegetables	Roast gammon  Or Cauliflower bake  Served with roast potatoes, seasonal vegetables and gravy	Creamy chicken and vegetable pasta bake  Or Creamy Vegetable pasta bake  Served with garlic bread, broccoli and carrots	Fish fingers  Or Salmon fish cake Or Sweet potato and chick pea curry  Served with chips, beans or sweetcorn
<b>Jacket potato</b>	Beans  Or Cheese  Served with fresh mixed salad	Beans  Or Cheese  Served with fresh mixed salad	Cheese and beans  Or Tuna mayo  Served with fresh mixed salad	Cheese  Or Beans  Served with fresh mixed salad	Cheese and beans  Served with fresh mixed salad
<b>Cold Option</b>	Cheese wrap  Or Egg wrap  Served with pasta or 50/50 rice salad	Cheese roll  Or Ham sandwich  Served with pasta or 50/50 rice salad	Ham roll  Or Cheese wrap  Served with pasta or 50/50 rice salad	Ham wrap  Or Egg mayonnaise sandwich  Served with pasta or 50/50 rice salad	Ham wrap  Or Cheese wrap  Served with pasta or 50/50 rice salad
<b>Dessert</b>	Greek yogurt with peaches	Fruity oat bar	Sweet potato brownie	Hulk and custard (pea cake)	Vanilla ice cream with fruit pot
Fresh bread, fresh fruit and yogurt available every day					