

WEEK A: Dairy free 16th June 7th July	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Mediterranean pasta bake Served with 50/50 rice salad	Chicken and vegetable potato topped pie Or Loaded vegetable and bean pie Served with roast potatoes and seasonal vegetable and gravy	Sausage Or Veggie sausage  Served with scrambled egg, potato slices and beans or tomatoes	Spaghetti bolognaise Or Quorn bolognaise Served with garlic bread and seasonal vegetables	Fish cake Or Vegetable fingers  Served with chips, beans or peas
Jacket Potato	Beans or Cheese Served with fresh mixed salad	Beans Or Cheese Served with fresh mixed salad	Cheese and beans Or Salmon mayo Served with fresh mixed salad	Cheese Or Beans Served with fresh mixed salad	Cheese and beans  Served with fresh mixed salad
Cold option	Cheese wrap Or Egg wrap Served with pasta or 50/50 rice salad	Cheese roll Or Ham sandwich Served with pasta or 50/50 rice salad	Ham roll Or Cheese wrap Served with pasta or 50/50 rice salad	Ham wrap Or Egg mayonnaise sandwich Served with pasta or 50/50 rice salad	Ham wrap Or Cheese wrap Served with pasta or 50/50 rice salad
Dessert	Peaches and yogurt	Lemon slice	Peach and berry oaty crumble	Banana and carrot slice	Ice cream
	Fresh fruit available every day				

<b>WEEK B:</b> <b>Dairy free</b> <b>2nd June</b> <b>23rd June</b> <b>14th July</b>	<b>Monday</b>  <b>Meat free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Mediterranean vegetable and lentil pasta bake  Served with garlic bread and seasonal vegetables	Chicken burger with lettuce and mayo Or Veggie burger with lettuce and mayo  Served with herby potatoes and sweetcorn	Roast turkey Or Quorn sausage  Served with roast potatoes, peas and gravy	Mexican chilli  Or  Mix bean chilli  Served with 50/50 rice and seasonal	Fish fingers Or Salmon fish cake Or Stir-fry vegetables and rice  Served with chips, beans or peas
<b>Jacket Potato</b>	Cheese Or Beans  Served with fresh mixed salad	Beans Or Tuna Mayo  Served with fresh mixed salad	Cheese and beans Or Salmon mayo  Served with fresh mixed salad	Beans Or Cheese  Served with fresh mixed salad	Cheese and beans  Served with fresh mixed salad
<b>Cold option</b>	Egg wrap Or Cheese wrap  Served with pasta or 50/50 rice and salad	Ham roll Or Cheese sandwich  Served with pasta or 50/50 rice and salad	Cheese roll Or Tuna Mayonnaise wrap  Served with pasta or 50/50 rice and salad	Ham wrap Or Egg roll  Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham sandwich  Served with pasta or 50/50 rice and salad
<b>Dessert</b>	Summer fruit and yogurt	Oaty fruit crunch	Fruity flapjack	Banana and apricot cake	Jelly and peaches
	Fresh fruit available every day				

WEEK C: Dairy free 9th June 30th June 21st July	Monday Meat free	Tuesday On the 22nd July, it will be Fridays menu	Wednesday	Thursday	Friday
Hot Meal	Cheese and tomato pizza slice Or Vegetable pizza slice  Served with pasta salad	Minced beef and onion potato topped pie Or Vegetable and butter bean hot pot  Served with mashed potatoes, seasonal vegetables and gravy	Hot dog Or  Quorn hot dog  Served with wedges and sweetcorn	Chicken curry  Or  Vegetable, chickpea and spinach curry  Served with 50/50 rice and mixed vegetables	Fish fillet Or Salmon fish cake Or Cheesy topped tomato and lentil pasta bake  Served with chips beans or sweetcorn
Jacket Potato	Cheese Or Beans  Served with a fresh mixed salad	Tuna Mayonnaise Or Beans  Served with a fresh mixed salad	Beans Or Cheese  Served with a fresh mixed salad	Cheese Or Tuna Mayonnaise  Served with a fresh mixed salad	Cheese and beans  Served with a fresh mixed salad
Cold option	Cheese wrap Or Egg roll  Served with pasta or 50/50 rice and salad	Cheese roll Or Tuna mayo sandwich  Served with pasta or 50/50 rice and salad	Ham roll Or Cheese wrap  Served with pasta or 50/50 rice and salad	Ham wrap Or Egg mayo sandwich  Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham Sandwich  Served with pasta or 50/50 rice and salad
Dessert	Yogurt and pineapple	Banana oat bite	Fruity chocolate brownie	Apple and carrot muffin	Frozen fruit smoothie
	Fresh fruit available every day				