

<b>WEEK B: 4th Nov 25th Nov 16th Dec</b>	<b>Monday Meat free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Mac and cheese Or Tomato and herb bake Served with green vegetables and herby bread	Roast Turkey Or Butternut squash and potato pastry slice Served with mashed potato, seasonal vegetable and gravy	Mexican chicken layer bake Or Mexican chunky vegetable layer bake Served with 50/50 rice and sweetcorn	Sticky beef noodles Or Veggie noodles Served with seasonal vegetables	Fish fillet Or Salmon fishcake Or Veggie sausage Served with chips, beans or peas
<b>Jacket Potato</b>	Cheese Or Beans Served with fresh mixed salad	Beans Or Tuna Mayo Served with fresh mixed salad	Cheese and beans Or Salmon mayo Served with fresh mixed salad	Beans Or Cheese Served with fresh mixed salad	Cheese and beans Served with fresh mixed salad
<b>Cold Option</b>	Egg wrap Or Cheese wrap Served with pasta or 50/50 rice and salad	Ham roll Or Cheese sandwich Served with pasta or 50/50 rice and salad	Cheese roll Or Tuna Mayonnaise wrap Served with pasta or 50/50 rice and salad	Ham wrap Or Egg roll Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham sandwich Served with pasta or 50/50 rice and salad
<b>Dessert</b>	Orange, sultana and carrot slice	Peach and berry crumble with custard	Chocolate slice	Yogurt and pineapple	Orange jelly
Fresh bread, fresh fruit and yogurt available every day					