

WEEK A: 16th Sept 30th Sept	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Red pepper and sweetcorn pizza Or Cheese and tomato pizza Served with rice salad and sweetcorn	Roast Gammon Or Quorn cottage pie Served with roast potatoes, seasonal vegetables and gravy	Chicken Biryani Or Sweet potato and mushroom biryani Served with mixed vegetables	Pasta bolognaise Or Vegetable Pasta bake Served with green vegetables and garlic bread	Fish fingers Or Vegetable pasty Served with chips, beans or peas
Jacket potato	Beans Or Cheese Served with fresh mixed salad	Beans Or Cheese Served with fresh mixed salad	Cheese and beans Or Salmon mayo Served with fresh mixed salad	Cheese Or Beans Served with fresh mixed salad	Cheese and beans Served with fresh mixed salad
Cold Option	Cheese wrap Or Egg wrap Served with pasta or 50/50 rice salad	Cheese roll Or Ham sandwich Served with pasta or 50/50 rice salad	Ham roll Or Cheese wrap Served with pasta or 50/50 rice salad	Ham wrap Or Egg mayonnaise sandwich Served with pasta or 50/50 rice salad	Ham wrap Or Cheese wrap Served with pasta or 50/50 rice salad
Dessert	Carrot cake slice	Banana and berry cobbler with custard	Fully loaded strawberry jelly	Yogurt and peaches	Fruity chocolate brownie
Fresh bread, Fresh fruit and yogurt available every day					