

<b>WEEK A:</b> <b>Gluten free</b> <b>26th Feb</b> <b>18th March</b>	<b>Monday</b> <b>Meat Free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Tomato and herby pasta bake  Served with herby bread and green beans	Mild chicken curry  Or  Red pepper and butternut squash curry  Served with 50/50 rice and sweetcorn	Roast turkey  Or Vegetable bake  Served with roast potatoes seasonal veg and gravy	Cottage pie  Or Winter vegetable pie  Served with seasonal vegetable and gravy	Fish fingers  Or Cheesy bean wrap  Served with chips and beans and peas
<b>Jacket Potato</b>	Cheese  Or Beans  Served with fresh mixed salad.	Beans  Or Chicken curry  Served with fresh mixed salad.	Cheese and beans  Or Salmon mayo  Served with fresh mixed salad.	Cheese  Or Tuna mayo  Served with fresh mixed salad.	Cheese and beans  Served with fresh mixed salad.
<b>Cold option</b>	Cheese sandwich  Or Egg sandwich  Served with pasta or 50/50 rice salad	Cheese sandwich  Or Ham sandwich  Served with pasta or 50/50 rice salad	Ham and cheese sandwich  Or Tuna mayo sandwich  Served with pasta or 50/50 rice salad	Cheese sandwich  Or Ham sandwich  Served with pasta or 50/50 rice salad	Cheese sandwich  Or Tuna mayo sandwich  Served with pasta or 50/50 rice salad
<b>Dessert</b>	Chocolate brownie	Peaches and custard	Strawberry Jelly	Carrot cake	Frozen fruit smoothie pot
Fresh fruit and yogurt available every day					

<b>WEEK B: Gluten free 4th March 25th March</b>	<b>Monday Meat free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Mediterranean pasta bake  Served with herby bread and green beans	Tandoori chicken wrap Or Tandoori sweet potato and courgette wrap  Served with 50/50 rice and corn on the cob	Gammon ham Or Vegetable hot pot  Served with mashed potatoes and seasonal vegetables and gravy	Spaghetti bolognaise Or Chunky vegetable bolognaise  Served with garlic bread, peas	Fish fingers Or Cheese and potato pie  Served with chips and beans or sweetcorn
<b>Jacket Potato</b>	Cheese Or Beans  Served with fresh mixed salad	Beans Or Tuna Mayo  Served with fresh mixed salad	Cheese and beans Or Salmon mayo  Served with fresh mixed salad	Bolognaise Or Cheese  Served with fresh mixed salad	Cheese and beans  Served with fresh mixed salad
<b>Cold Option</b>	Egg sandwich Or Cheese sandwich  Served with pasta or 50/50 rice and salad	Ham sandwich Or Cheese sandwich  Served with pasta or 50/50 rice and salad	Cheese sandwich Or Tuna mayonnaise sandwich  Served with pasta or 50/50 rice and salad	Ham sandwich Or Egg sandwich  Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham sandwich  Served with pasta or 50/50 rice and salad
<b>Dessert</b>	Chocolate brownie and orange slice	Greek yogurt and honey	Carrot cake and custard	Orange jelly and whipped cream	Fresh fruit salad
Fresh fruit and yogurt available every day					

<b>WEEK C: Gluten free 19th Feb 11th March</b>	<b>Monday Meat free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Cheese and tomato pizza  Served with herby potatoes and sweetcorn	Beef chilli con carne Or Mixed bean chilli con carne  Served with 50/50 rice, peas and carrots	Sausage Or Veggie sausage  Served with mashed potatoes, seasonal vegetables and onion gravy	Chicken and leek pasta bake Or Leek and pepper pasta bake  Served with garlic bread and broccoli	Fish fingers Or Cheese and pepper omelette Or Salmon sticks Served with chips and beans or peas
<b>Jacket Potato</b>	Beans and cheese  Served with a fresh mixed salad	Tuna mayonnaise Or Beans Served with a fresh mixed salad	Beans Or Cheese Served with a fresh mixed salad	Cheese Or Tuna mayo Served with a fresh mixed salad	Cheese and beans  Served with a fresh mixed salad
<b>Cold option</b>	Cheese sandwich Or Egg sandwich  Served with pasta or 50/50 rice and salad	Cheese sandwich Or Tuna mayo sandwich  Served with pasta or 50/50 rice and salad	Ham sandwich Or Cheese sandwich  Served with pasta or 50/50 rice and salad	Ham sandwich Or Egg mayo sandwich  Served with pasta or 50/50 rice and salad	Ham sandwich Or Cheese sandwich  Served with pasta or 50/50 rice and salad
<b>Dessert</b>	Raspberry Jelly	Fresh fruit salad	Carrot cake	Frozen smoothie pot	Chocolate brownie and custard
Fresh fruit and yogurt available every day					