

WEEK C: 2nd Jan 22nd Jan	Monday Meat free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Cheese and tomato pizza Served with herby potatoes and sweetcorn	Beef chilli con carne Or Mixed bean chilli con carne Served with 50/50 rice, peas and carrots	Sausage Or Veggie sausage Served with mashed potatoes, seasonal vegetables and onion gravy	Chicken and leek pasta bake Or Leek and pepper pasta bake Served with garlic bread and broccoli	Battered fish fillet Or Cheese and onion pasty Or Salmon sticks Served with chips and beans or peas
Jacket Potato	Cheese and coleslaw Or Baked beans Served with a fresh mixed salad	Tuna mayonnaise Or Beans Served with a fresh mixed salad	Beans Or Cheese Served with a fresh mixed salad	Cheese Or Tuna mayonnaise Served with a fresh mixed salad	Cheese and beans Served with a fresh mixed salad
Cold Option	Cheese wrap Or Egg roll Served with pasta or 50/50 rice and salad	Cheese roll Or Tuna mayo sandwich Served with pasta or 50/50 rice and salad	Ham roll Or Cheese wrap Served with pasta or 50/50 rice and salad	Ham wrap Or Egg mayo sandwich Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham sandwich Served with pasta or 50/50 rice and salad
Dessert	Blueberry shortbread	Fresh fruit salad	Apple crumble and custard	Frozen smoothie pot	Chocolate sponge and custard
Fresh bread, fresh fruit and yogurt available every day					