WEEK A: 13th Nov 4th Dec	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Fully loaded mac and cheese Served with herby bread and green beans	Mild chicken curry Or Red pepper and butternut squash curry Served with 50/50 rice and sweetcorn	Roast turkey Or Vegetable parcel Served with roast potatoes seasonal veg and gravy	Cottage pie Or Winter vegetable pie Served with seasonal vegetable	Fish fingers Or Cheesy bean wrap Served with chips and beans and peas
Jacket potato	Beans and cheese Served with fresh mixed salad.	Beans Or Curry Served with fresh mixed salad.	Cheese and beans Or Salmon mayo Served with fresh mixed salad.	Cheese and coleslaw Or Beans Served with fresh mixed salad.	Cheese and beans Served with fresh mixed salad.
Cold Option	Cheese wrap or Egg wrap Served with pasta or 50/50 rice salad	Cheese roll or Ham sandwich Served with pasta or 50/50 rice salad	Ham roll or Cheese wrap Served with pasta or 50/50 rice salad	Ham wrap or Egg mayonnaise sandwich Served with pasta or	Ham wrap or Cheese wrap Served with pasta or 50/50 rice salad
Dessert	Lemon cake	Peaches and custard	Strawberry jelly	Cinnamon and raisin sponge with custard	Frozen fruit smoothie pot
	Fresh bread, Fresh fruit and yogurt available every day				