	WEEK B: 11th Sept 2nd Oct	Monday Meat free	Tuesday	Wednesday	Thursday	Friday
	Hot Meal	Fully loaded Mac n cheese Served with garlic bread and mixed veg	Cottage Pie Or Quorn cottage pie Served with seasonal vegetables and gravy	Sausage Roll Or Veggie roll Served with herby wedges, baked beans or sweetcorn	Creamy chicken curry Or Lentil curry Served with 50/50 rice and green veg	Fish fingers Or Veggie pizza Served with chips and beans or peas
Jac	cket Potato	Cheese Or Beans Served with fresh mixed salad	Beans Or Tuna Mayo Served with fresh mixed salad	Cheese and beans Or Salmon mayo Served with fresh mixed salad	Curry Or Cheese Served with fresh mixed salad	Cheese and Beans Served with fresh mixed salad
C	old Option	Egg wrap Or Cheese Wrap Served with pasta or 50/50 rice and salad	Ham roll Or Cheese sandwich Served with pasta or 50/50 rice and salad	Cheese roll Or Tuna mayonnaise wrap Served with pasta or 50/50 rice and salad	Ham wrap Or Egg roll Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham sandwich Served with pasta or 50/50 rice and salad
	Dessert	Chocolate and orange brownie	Fresh fruit salad Fresh bread, fre	Frozen smoothie pot esh fruit and yogurt ava	Pineapple sponge and custard	Peaches and yogurt