| WEEK B: <br> 11th Sept <br> 2nd Oct | Monday <br> Meat free | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Meal | Fully loaded Mac $n$ cheese <br> Served with garlic bread and mixed veg | Cottage Pie Or Quorn cottage pie Served with seasonal vegetables and gravy | Sausage Roll <br> Or Veggie roll <br> Served with herby wedges, baked beans or sweetcorn | Creamy chicken curry <br> Or <br> Lentil curry <br> Served with 50/50 <br> rice and green veg | Fish fingers Or Veggie pizza <br> Served with chips and beans or peas |
| Jacket Potato | Cheese <br> Or <br> Beans <br> Served with fresh mixed salad | Beans Or <br> Tuna Mayo <br> Served with fresh mixed salad | Cheese and beans Or Salmon mayo <br> Served with fresh mixed salad | Curry <br> Or <br> Cheese <br> Served with fresh mixed salad | Cheese and Beans <br> Served with fresh mixed salad |
| Cold Option | Egg wrap <br> Or <br> Cheese Wrap <br> Served with pasta or 50/50 rice and salad | Ham roll Or Cheese sandwich Served with pasta or 50/50 rice and salad | Cheese roll Or Tuna mayonnaise wrap <br> Served with pasta or 50/50 rice and salad | Ham wrap <br> Or <br> Egg roll <br> Served with pasta or 50/50 rice and salad | Cheese sandwich <br> Or <br> Ham sandwich <br> Served with pasta or 50/50 rice and salad |
|  | Chocolate and orange brownie | Fresh fruit salad | Frozen smoothie pot | Pineapple sponge and custard | Peaches and yogurt |

Fresh bread, fresh fruit and yogurt available every day

