

<b>WEEK A:</b> <b>Dairy free</b> <b>4th Sept</b> <b>25th Sept</b> <b>16th Oct</b>	<b>Monday</b> <b>Meat Free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Roasted vegetables pasta bake  Served with herby bread and peas	Potato topped chicken and mushroom  Or Vegetable pie  Served with Seasonal vegetables	Sausage Or Vegetable sausage  Served with hash brown, mushrooms, tomatoes and baked beans	Sweet and sour chicken Or Chunky vegetable Sweet and sour  Served with egg noodles and green beans	Fish finger Or Dairy free pizza bread  Served with chips peas or beans
<b>Jacket Potato</b>	Cheese or Beans served with fresh mixed salad.	Cheese or Tuna mayo served with fresh mixed salad.	Beans Or Salmon mayo served with fresh mixed salad.	Beans or Cheese served with fresh mixed salad.	Cheese and beans  served with fresh mixed salad.
<b>Cold option</b>	Cheese wrap or Egg wrap served with pasta or 50/50 rice salad	Cheese roll or Ham sandwich served with pasta or 50/50 rice salad	Ham and cheese roll or Tuna mayo wrap served with pasta or 50/50 rice salad	Cheese wrap or Egg mayonnaise sandwich served with pasta or 50/50 rice salad	Cheese sandwich or Ham sandwich served with pasta or 50/50 rice salad
<b>Dessert</b>	Berry crumble	Fruity Jelly	Fruit smoothie	Fruit Jelly	Fresh fruit salad
Fresh fruit available every day					

<b>WEEK B:</b> <b>Dairy free</b> <b>11th Sept</b> <b>2nd Oct</b>	<b>Monday</b> <b>Meat free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Leek and pea pasta  Served with herb bread and mixed vegetable	Potato topped beef and onion pie Or Vegetable pie Served with seasonal vegetable	Sausages Or Vegetable hot  Served with herby potatoes and baked beans or sweetcorn	Creamy chicken curry Or Lentil curry  Served with 50/50 rice and green vegetable	Fish fingers Or Vegetable pizza bread  Served with chips and beans or peas
<b>Jacket Potato</b>	Cheese Or Veggie chilli Served with fresh mixed salad	Beans and cheese  Served with fresh mixed salad	Cheese and beans Or Salmon mayo Served with fresh mixed salad	Curry Or Cheese Served with fresh mixed salad	Cheese and Beans  Served with fresh mixed salad
<b>Cold option</b>	Egg wrap Or Cheese Wrap Served with pasta or 50/50 rice and salad	Ham roll Or Cheese sandwich  Served with pasta or 50/50 rice and salad	Cheese roll Or Tuna Mayonnaise wrap Served with pasta or 50/50 rice and salad	Ham wrap Or Egg roll Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham sandwich Served with pasta or 50/50 rice and salad
<b>Dessert</b>	Raspberry Jelly	Fresh fruit salad	Fruit smoothie	Carrot cake	Jelly and peaches
	Fresh fruit available every day				

<b>WEEK C:</b> <b>Dairy free</b> <b>18th Sept</b> <b>9th Oct</b>	<b>Monday</b> <b>Meat free</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Hot Meal</b>	Cheese and onion omelette  Served with new potatoes and peas	Roast turkey Or Vegetable bake  Served with roast potatoes seasonal vegetables and gravy	Chicken Fajita  Served with tomato rice and sweetcorn	Spaghetti bolognaise Or Vegetable bolognaise  Served with herby bread and mixed vegetables	Fish fingers Or Pizza slice Or Served with chips beans or peas
<b>Jacket Potato</b>	Cheese and or beans  Served with a fresh mixed salad	Cheese and or beans  Served with a fresh mixed salad	Cheese and or beans  Served with a fresh mixed salad	Cheese and or beans  Served with a fresh mixed salad	Cheese and or beans  Served with a fresh mixed salad
<b>Cold option</b>	Cheese wrap Or Egg roll  Served with pasta or 50/50 rice and salad	Cheese roll Or Ham sandwich  Served with pasta or 50/50 rice and salad	Ham sandwich Or Cheese sandwich  Served with pasta or 50/50 rice and salad	Ham wrap Or Cheese wrap  Served with pasta or 50/50 rice and salad	Ham wrap Or Cheese wrap  Served with pasta or 50/50 rice and salad
<b>Dessert</b>	Carrot cake	Fruit salad	Bananas and dairy free ice cream	Blueberry jelly	Strawberry smoothie pot
Fresh fruit available every day					