

WEEK A: 24th April 15th May	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Roasted vegetable lasagne  Served with mixed green vegetables and garlic bread	Chicken and Mushroom Pie  Or Creamy mushroom parcel  Served with mashed potatoes seasonal vegetables and gravy	Sausage  Or Vegetarian sausage  Served with hash brown, mushrooms, tomatoes and baked beans	Sweet and sour chicken  Or Chunky vegetables Sweet and sour Served with egg noodles and green beans	Fish fingers  Or Salmon fish cake  Or Vegetable fingers  Served with chips peas or beans
Jacket potato	Beans and cheese  Served with fresh mixed salad.	Beans  Or Tuna mayo  Served with fresh mixed salad.	Cheese and beans  Or Salmon mayo  Served with fresh mixed salad.	Cheese and coleslaw  Or Beans  Served with fresh mixed salad.	Cheese and beans  Served with fresh mixed salad.
Cold Option	Cheese wrap  or Egg wrap  Served with pasta or 50/50 rice salad	Cheese roll  or Tuna mayonnaise sandwich  Served with pasta or 50/50 rice salad	Ham roll  or Cheese wrap  Served with pasta or 50/50 rice salad	Ham wrap  or Egg mayonnaise sandwich  Served with pasta or	Ham wrap  or Cheese wrap  Served with pasta or 50/50 rice salad
Dessert	Coconut shortbread	Raspberry jelly and cream	Blueberry cake and custard	Greek Yogurt with honey	Fresh fruit salad
	Fresh bread, Fresh fruit and yogurt available every day				



## Did you know?

We make all our meals freshly in our onsite kitchens every day

All our recipes are home made and meet the government's guidelines for healthy schools, ensuring a balanced lunch

All our fresh produce comes from Bristol Fruit and Veg market

All our meat is from South West England, and certified at least to RSPCA assured standards

All our cod is MSC certified, our tuna is dolphin friendly and our eggs are free range

We use low sugar and salt recipes and alternatives across our menu

Our supplier delivers in recyclable and reusable packaging, and has a 0% to landfill policy

Gluten free, dairy free and other special diets catered for, please speak to us directly

