



Physical Education Content Overview

Outdoor (units taught by **Bristol Sports** are part of our teacher mentoring programme)

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Term 1	Fundamental skills (multi-sports)	Fundamental skills (multi-sports)	Hockey	Hockey	Tag rugby	Tag rugby
Term 2	Multi-sport Games	Multi-sport games	Tag rugby	Tag rugby	Basketball & Netball	Basketball & Netball
Term 3	Dodgeball & Handball	Dodgeball & Handball	Basketball & Netball	Basketball & Netball	Football	Football
Term 4	Basketball & Netball	Basketball & Netball	Football	Football	Tennis & Badminton	Tennis & Badminton
Term 5	Football	Football	Cricket	Cricket	Athletics	Athletics
Term 6	Athletics	Athletics	Athletics	Athletics	Cricket	Cricket

Indoor (including 'Real PE*', **Everyone Active** and **Bristol Sports**)

*At least 1 of the 'Real PE' units is taught through 'Real Dance'

	Reception	Year 1 / 2	Year 3	Year 4	Year 5	Year 6
Term 1	Personal	Personal	Gymnastics	Gymnastics	Cognitive	Swimming
Term 2	Gymnastics	Dance	Personal	Swimming	Creative	Physical
Term 3	Social	Social	Social	Swimming	Gymnastics	Gymnastics
Term 4	Cognitive	Gymnastics	Cognitive	'Personal' & 'Social'	Swimming	Health & Fitness
Term 5	Creative	Creative	Creative	'Cognitive' & 'Creative'	Swimming	Personal
Term 6	'Physical' and 'Health & Fitness'	'Physical' and 'Health & Fitness'	'Physical' and 'Health & Fitness'	'Physical' and 'Health & Fitness'	Social	Dance Acrosport