



Basketball

6 Week – Learning Outcomes

	KS1	Year 3/4	Year 5/6
Week 1	To know how to hold and dribble the Basketball.	To know how to hold and dribble the Basketball.	To dribble a basketball with increasing control.
Week 2	To further develop dribbling of the Basketball.	To change direction and speed whilst dribbling, and to understand some dribbling rules in Basketball.	To change direction and speed whilst dribbling, and to understand some dribbling rules in Basketball.
Week 3	To pass the Basketball using a chest pass and a bounce pass.	To demonstrate a defensive position, and to know the rules for defending in Basketball.	To demonstrate a defensive position, and to know the rules for defending in Basketball.
Week 4	To understand some dribbling rules in Basketball.	To pass the Basketball using a chest pass and a bounce pass.	To pass the Basketball using a chest pass and a bounce pass, and to use a fake pass to create an open pass.
Week 5	To dribble at speed, and to dribble under pressure from defenders.	To understand and demonstrate the correct shooting technique.	To understand and demonstrate the correct shooting technique.
Week 6	To dribble under pressure from defenders in a game scenario.	To understand and apply the rules of Basketball to play a game.	To understand and apply the rules of Basketball to play a game.

***Please note that whilst these are the expected learning outcomes for each group, we may differentiate away from these to give particularly new skills extra time if needed**

