

Happy Friday...

Parent Governor Elections... Please can I draw your attention to the letter which has been emailed to you with the newsletter today regarding our parent governor election.

We were delighted to receive excellent and varied nominations and are looking forward to welcoming one of the candidates to the governing body in due course.

All of the information you need, including information about each candidate and how to submit your vote, is included in the attached letter. Please note, voting will close on Monday 12th December at 7pm.

Communication... I want to acknowledge, and apologise for, recent confusion regarding the dates of Christmas lunches and some performances. All these dates are on the calendar on the website, however we made errors in how these were communicated with you this week and I understand how frustrating, not to mention confusing, that can be.

We are in the process of finalising a new communication strategy which will include some changes, and streamlining, of current channels of communication to avoid confusion (at both ends). It builds upon the recent switch to Parentmail and I will share more details of this with you next week.

Mr Carter... If you are a regular visitor to Myrtle, Mr Carter will be a familiar face to you as he is often the 'meeter and greeter' on the MUGA gate in the morning. Sadly, Friday 2nd December will be his last day with us as he will be leaving us to dedicate more time to his other career aspirations.

Mr Carter is a kind, caring and skilled person and he has been a wonderful member of the team. We will all really miss him, but in particular the year 5 and 6 children will be sad to see him go as they have benefitted the most from his kindness and patience over the last few years. I know you will join me in wishing Mr Carter all the best for the future.

Have a lovely weekend, Andy Bowman

Merrywood - Tuesday 29th November (from 8am)

If you have syblings, in or out of school, that you would like photographed together, please arrive with them both between 8am and 8:45am to have a sibling photo taken.





sales@jeffersonstudios.co.uk

0117 983 0335

80 West St, Bedminster, Bristol BS3 3LLL

Safeguarding & Mentoring

Coffee Morning update

These sessions are there for you to come along with any concerns you'd like to discuss with us, as well as having some outside agencies come in to give you advice and guidance in particular areas. Each week we will focus on a different area.

We look forward to seeing you, Paula Mathias and Catherine Moody.

Practical and informative online sessions from your expert team of local School Health Nurses. https://cchp.nhs.uk/cchp/explore-cchp/school-health-nursing/school-nursing-webinars-parents-carers- Our webinars lasts between 30 and 45 minutes, with the opportunity to ask questions throughout. They're suitable for parents and carers of children and young people of all ages.

Keeping your child happy and healthy

For families who would like ideas to create and sustain a healthy lifestyle for the whole family. This webinar looks at diet and healthy eating, exercise, sleep, and emotional wellbeing.

Book session: 15 December 2022, 10:30-11:30

Healthy eating and physical activity

Find out how to maintain a healthy lifestyle, with advice on diet and exercise.

Book session: 12 December 2022, 10:00-11:00

Emotional wellbeing

This presentation explores anxiety, low mood, self-harm and eating difficulties and provides parents and carers with strategies and information to build resilience and empathetic listening for children and young people.

Book session: 7 December 2022, 13:00-14:00

Eating disorder awareness

This webinar looks at behavioural, physical, and psychological signs of eating disorders including restrictive eating, emotional eating and binge eating. It includes information on where to get advice and support.

Book session: 29 November 2022, 13:00-14:00

Sleep

This webinar will provide you with hints and tips to help improve the duration and quality of your child's sleep.

Book session: 14 December 2022, 10:30-12:00

Dental health

Our School Health Nursing Team will give advice on tooth brushing and tooth decay.

Book session: 1 February 2023, 13:30-14:30



Bristol Parent Carers in conjunction with North Somerset and South Gloucestershire Parent Carer Forums are running courses for parents and carers of children who are on the waiting list for an autism assessment.

The courses cover a range of topics relating to particular challenges that autistic people and their families can face.

Some of the courses are in person in venues around the city and outside it and others are over Zoom.

All of the courses are free to attend but do need to be booked in advance via Eventbrite: https://www.eventbrite.co.uk/o/bristol-n-somerset-and-s-glos-parent-carer-forums-41027867683

If you would like further information, please do contact us at info@bristolparentcarers.org.uk



Winter Hamper



Last year, thanks to all the wonderful donations and helpers who put the parcels together, we delivered over 30 hampers.

They were amazing and gratefully received.

It would be so wonderful if we could do it again this year.

You can donate by dropping groceries/goodies at either site, or through the link below or the QR





Chocolates/selection box, mince pies, Christmas cake, Gravy/bread sauce, cranberry sauce, stuffing mix, Christmas pudding, tinned peas, tinned sweetcorn, biscuits for cheese, custard, chocolate/treats, tinned potatoes, tinned soup, tinned veg, tinned soup, pasta, nibbles, biscuits, coffee, tea, squash, shampoo, shower gel, washing powder. Toilet roll

If you would like to receive a hamper, please email Paula.mathias@bristol-schools.uk

Invest In My Community

Scan the QR code to make a donation using a smartphone. Download to insert it in a leaflet or poster or attach to a collection bucket for events.



Bristol City council have asked us to share this

Know someone who needs financial advice?

If someone is struggling to manage their money or are facing financial challenges, there is advice and support available.

They might be eligible to claim welfare benefits if they don't currently receive any.

They can use the council's benefits calculator to help find out what they could claim at:

https://bristol.entitledto.co.uk/home/start

Financial or debt advice is available from

Citizen's Advice Bristol (https://www.bristolcab.org.uk/),

North Bristol Advice Centre (https://northbristoladvice.org.uk/),

South Bristol Advice Services (https://www.southbristoladvice.co.uk/)

St Paul's Advice Centre (https://www.stpaulsadvice.org.uk/).

Learning how mental health and money are connected might help if people are struggling. Sorting things out might feel like an overwhelming task and some of it may be out of their control, but they should try taking things one step at a time and reach out if they do need support.

There is lots of mental health support available too. People should talk to family and friends or contact one of a range of local organisations, including Bristol Mind (https://bristolmind.org.uk/), Community Access Support Services (https://www.cassbristol.org/) and Second Step (https://www.second-step.co.uk/) for help. You are not alone.

More cost of living advice and support is available on Bristol City Council's cost of living support webpage www.bristol.gov.uk/costofliving or people can call the We Are Bristol helpline for free on 0800 694 0184, Monday to Friday 8.30am to 5pm.

Saving money on energy bills

With the rise in energy prices, we know many residents are concerned about how much their bills will go up.

While it has been milder for this time of year, here are just a few tips that may help to reduce energy bills.

People can also check if they're eligible for help at www.bristol.gov.uk/benefits-financial-help

- Turn appliances off standby mode and you could save around £55 a year.
- Use your washing machine on a 30-degree cycle instead of higher temperatures.
- Be careful in the kitchen avoid overfilling the kettle and only boil the amount of water you need.
- Keeping your shower time to just four minutes could save a typical household £65 a year on their energy bills.
- Avoid using the tumble dryer and dry clothes outside or on racks where possible to save around £55 a
- Only run your dishwasher when it is full to reduce the amount of water you use.

Don't forget about the city's network of Welcoming Spaces too. These are places where people can socialise, keep warm and access support relating to the cost of living.

Find a full list of Welcoming Spaces here: Cost of living support (bristol.gov.uk)

OPAL Play



Lunch Booking on Parentmail

Merrywood – Universal Free School Meals



We are seeing a big uptake in the school lunches being booked through the ParentMail App, thank you all, this is really helping the kitchen cut down on food waste. To avoid upset at lunchtime, please can you check your child is happy with the lunch option you have chosen or happy with the hot option if you haven't had a chance to book their lunch. Children can get upset at lunchtime when faced with something unexpected that they don't like, this results in a change of mind which can lead to the kitchen running out of certain options and not being able to provide those to children who have booked them.

Preschool and Myrtle - Paid School Meals

Please can we remind all parents that school meals must be booked and paid for in advance on Parentmail, including free school meals. Note, you can order meals for up to a term in advance to save you having to login multiple times.

Thank you to all parents who have been paying for school meals on Parentmail. We really appreciate your continued support with this. Please note, children will not be provided with a school lunch unless it is paid for, except for those that are entitled to free school meals.

In a case when a school lunch has not been booked nor a packed lunch provided, the office will phone the parent to ask them to come to school with the money. Otherwise they must provide a packed lunch before lunch time.

If a parent genuinely forgets to pay in advance, the office will book the school meal but this must be paid for on the day. If the debt is not cleared, parents must provide a packed lunch until this is cleared. If payment of the debt is not received, we will ask you to attend a meeting to discuss the matter. Thanks you!

Year Group Updates

Nursery

We have made the most of the rainy weather this week in Seahorse Class; some of us made some boats and tested them out in the wet weather! We have been having some pirate fun too; making and colouring some fantastic treasure maps and digging for treasure in our tray of sand!

At the beginning of the week, we were lucky enough to go and visit the fire engine that was in our front playground for the Y2 children.

This week in our small group times we have been practising our counting skills, mark making and also some ways of joining in with play, as we invite others to take part in our activities.

Best wishes from the Seahorse Team.

Reception

Dear Families,

This week our focus is jobs from the great outdoors! Our key person this week is Greta Thunberg and we will be reading her book from the 'Little People, Big Dreams' series. We have a big week of rehearsals before the performances so we will be spending lots of time in the hall. We can't wait for you to see it!

Each week our children will be accessing resources from our continuous provision. Here are our specific focuses for the next week:

Area of Learning	Week beginning 28.11.22
Personal, Social and Emotional Development (PSED)	Making Friends Zones of Regulation
Communication and Language	Philosophy Questions: Should we share everything with our friends?
Physical Development	Cosmic Kids Yoga: Popcorn the Dolphin Learning a dance for the winter performance
Literacy	 Phonics - plurals and recapping all Phase 2 sounds Writing task - continuing to be sound detectives Reading groups
Mathematics	Four and Five Numberblocks
Understanding the World	 Careers Forest School - Tuesday 29th November - Jellyfish Class and Octopus Class Friday 2nd December
Expressive Arts and Design	Music - learning songs for the winter performance Winter craft - Salt Dough Decorations
Characteristic of Effective Learning focus	Playing and Exploring: Do they give up at the first hurdle or do they keep trying?

Reception cont.

Additional Information

Performances

A reminder to please send in your child's costume in a named bag on **Monday 28th November.** These will be kept in school until after the performances.

Herbs

We would still love some donations of herbs if you have any!

Theatre trip walking volunteers

Please let us know if you are available to walk the children there and back from the theatre performance on the 15th December.

Year 1

Winter performance

Thank you for all your great support helping those children who requested speaking parts to learn their lines for our winter play. We have been really impressed with so many children knowing their words by heart already.

Information about costumes required has been sent out in reading diaries. Please ask your child's teachers if you are not sure what costume they need. All Costumes for the play need to be named and brought to school in a NAMED bag for **Monday 5**th **December** please. Thank you for your help.

Walkers for the Old Vic Christmas show

We are still in need of parent helpers to help walk us to and from the Old Vic on Friday 15th December when the children will be visiting. Please contact the office or speak to the Year 1 teachers if you would like to lend a hand walking us to and from the Old Vic, unfortunately we cannot provide parents with a ticket.

Year 3

Year 3 have been impressing us with their brilliant singing this week, for our upcoming Christmas Carol Concert in St Paul's Church. If your child is keen to practise at home, lyrics for the songs can be found on Google Classroom. The Carol Service will be on Thursday 8th December at 5pm (more information to follow). We cannot wait, for what is always a very festive and heart-warming occasion!

Polite reminder: please can you continue to fill in your child's reading record every time you read at home. It is extremely useful for us to know how much your child is reading, and whether they are ready to change their books. It is also an easy way of collecting some extra house points!

Year 4

Dear Year 3 & 4 parents/carers,

The children have been enthusiastically practicing Christmas carols, and we now have confirmed dates and timings for our Carol Service and rehearsals at St.Paul's Church, Southville.

The Y3 and 4 Carol Service will be on Thursday 8th December 17:00--18:00. Year 3 and 4 parents/carers are invited to this event you will not need a ticket to attend.

There will be rehearsals at the church, during school time, on the afternoons of Monday 5th and Wednesday 7th -- for these rehearsals we will need parent helpers to walk us to, and back from, the church. Please let the office know if you would like to help.

Further details regarding permission and times to drop off and take the children home will be sent out very soon. The lyrics will be on Google Classroom, and we will recruit Year 4 'readers' next week!

Many thanks,

LKS2 at Southville Primary School, Myrtle St.

Year 5

Reminders for camp:

- -It is going to be cold and wet, so PLEASE bring warm clothes, several changes of clothes and a pair of wellies
- -The children must be able to carry their own bags from the coaches to their bedrooms
- -The children will be told their bedroom and activity groups when we get to camp
- -Don't forget a packed lunch and water bottle for the first day- we will have breaktime as usual before we leave school, so please send a snack
- -Hand all medication in at drop off time

Please can all Y5 children bring cereal box thickness cardboard for mask making next week.

Year 6

Dear Parents / Carers

Just a reminder that the year 6 library slots are as follows:

Mr Rogers class (Puffins) - Tuesday

Mr Ellershaw's (Pelican) and Miss Moore's class (Penguin).

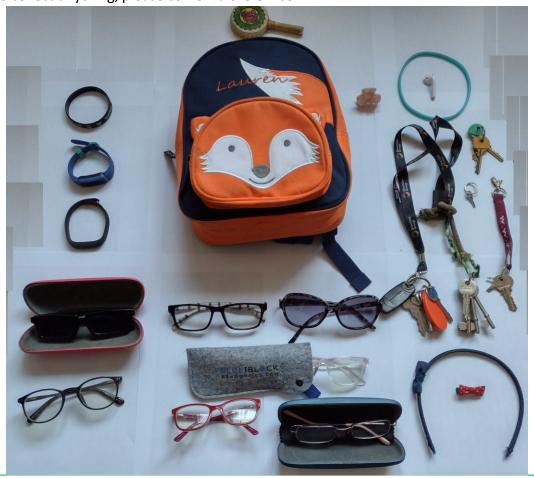
Please make sure that your child brings their book to renew or exchange, as they will not be able to do so at any other time.

Many thanks

The Year 6 Team

Merrywood Lost Property

Please check the picture below and see if you recognise anything that belongs to you or your child. If you want to collect anything, please come via the Office.



Lunchtime Choir

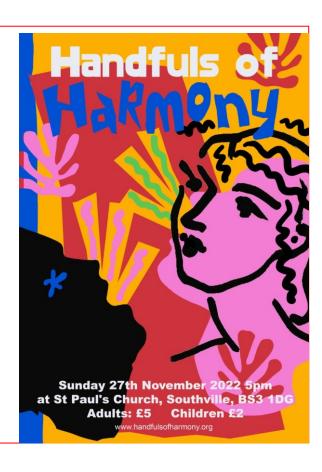
The children have been working hard at learning and practicing the songs ready for next Sundays concert. Here is a reminder of the key dates.

• **Sunday 27th November**, children arriving 4:00pm for the concert.

The concert on the **27th of November** is from 5:00pm-6:00pm at St Paul's Church, Coronation Road, B3 1DG.

For the concert, please can the children wear block colours of red, orange or purple (black trousers are fine if you unable to wear full coloured outfit)

Tickets are available to purchase from Myrtle office for £5 adults and £2 child. Please have the exact money available.





Chess Club

Term 1 & 2 are now available to book in ParentMail. Pay for a term in advance, for your child to enjoy Chess Club.

Mondays at Merrywood from 3:30 – 4:30 for Reception to Year 2 children

<u>Tuesdays</u> at Myrtle from 3:15 – 4:15 for Year 3 to Year 6





Creativity Club from Chandos Atelier is booking for term 2 now. It's a lovely space to explore art materials and get creative, with guidance and encouragement from professional makers. Plus parents get a weekly email to let them know about the creative adventures.

Here is the

link: https://www.chandosatelier.co.uk/creativemakers/creativemakers/creativity-club-southville

"I just wanted to let you know how much F. enjoyed creativity club today. She came home absolutely buzzing and told us it was the highlight of her day. She loves it."



Acting Out classes help develop communication, self esteem, self confidence and mostly we have lots and lots of fun!

Our drama club helps children to find their own voices and develop creativity, make friends grow in confidence in a safe and fun environment. Our Sessions include games, vocal work, imagination, storytelling, improvisation, and most important lots and lots of fun.

For more details on us and what we do please check out our website www.actingoutdrama.com

Classes for the new <u>Reception</u> will start on <u>Thursday 3rd November – Thursday 8th December – Merrywood - 15:30 – 16:30</u>

Classes for <u>KS1</u> next term will start on <u>Tuesday 1st November – Tuesday 6th December – Merrywood - 15:30 – 16:30</u>

Classes for <u>KS2</u> next term will start on **Wednesday 3rd November – Wednesday 7th December - Myrtle - in the Music Room 15:15 – 16:15**

If you would like your child to join, please complete the registration form and photographs permission forms below

https://goo.gl/forms/ZGnxev6FuBtZlf453 https://goo.gl/forms/OnVcHrCRH089X8XA3

We will confirm by email you to let you know if your child has a place in drama club. Once your child's place has been confirmed please make payment of £42 (£6 a week) for term 2 by BACS (using your child's full name as reference) to Acting Out Ltd

Account Number: 92398568. Sort Code: 608371 Account Name: Acting Out Ltd.

Please encourage the children to bring a water bottle and a snack as drama can be hungry work.

Looking forward to meeting them



Jacqui Ham Acting Out Drama

http://www.actingoutdrama.com Tel: 07956962422 email: enquiries@actingoutdrama.com



Southville Infant School

Please visit the link to book your child's place.

If you have difficulties with payment or have further questions you can contact us on live chat kidsclub.org.uk

Dear parents and carers,

We are delighted to offer our clubs this term, led by our kind DBS certified expert instructors at your school.

No materials are required, your child simply needs to turn up!

Places will be allocated on a first come first served basis. https://www.kidselub.org.uk/book/southville-infant/

After School Club - Autumn Term

1h After School - 3:30-4:30pm

Veek Commencing - 12th September - 21st October 202:

Monday

Long

Tuesday

Magic

Wednesday

Thursday

Potteru





Southville Junior School

Dear parents and carers,

We are delighted to offer our clubs this term, led by our kind DBS certified expert instructors at your school.

No materials are required, your child simply needs to turn upl

Places will be allocated on a first come first served basis. https://www.kidsclub.org.uk/book/southville-junior/

After School Club - Autumn Term

h After School - 3:15-4:15pm

Week Commencing - 12th September - 21st October 282: Week Commencing - 31st October - 5th December 2022

Please visit the link to book your child's place.

If you have difficulties with payment or have further questions you can contact us on live chat kidsclub.org.uk

Monday

Coding

Tuesday

Graphic Design

Wednesday

Robotics









Christmas Updates:

The Winter Fair is ONE WEEK AWAY!

Saturday 3rd December 2-5pm Merrywood Site

Last chance to sign up for your own private stall - £20 for the whole event to be part of our shopping quarter - 3 spaces left!

Santa's Grotto: Tickets are selling out fast for Santa's Grotto. At the time of writing, there are only 17 tickets left for sale.



This will be based in the library at Merrywood which will be transformed into a grotto. Along with meeting your PTA elves, your children will have ten minutes to talk to Santa, have photo opportunities and receive a gift.

If you would like to book for a non school age sibling, please just add your existing child's class as we have plenty of age appropriate gifts for the day.

Book your tickets via PTA Events: https://www.pta-events.co.uk/southvilleprimarypta

Christmas Trees:

We have ordered the beautiful trees from Frenchay Forestry again this year. The trees are high quality and very reasonably priced, and you will be supporting a Bristol Business, along with your PTA.

There are 2 options available to pre-order:

LAST ONE LEFT - *Nordman Fir Premium Non-drop 150cm-

175cm: £40

<mark>7 TREES LEFT</mark> - *Nordman Fir Premium Non-drop 175-200 cm:

£45



Christmas Lunches:

The PTA has paid for a cracker for each child to enjoy for their Christmas Lunch at school. Thank you for your contributions which enable us to do this each year.

Volunteering slots go very quickly for this event, so to give everyone a fair chance, these will go live at 6pm today.

Please try to only volunteer for either Merrywood OR Myrtle lunches so as many parents can be involved as possible.

Please sign up via:

https://www.pta-events.co.uk/southvilleprimarypta

Christmas Crackers:

You can order your eco crackers from us! By ordering crackers a proportion of their cost is donated to both The Woodland Trust and The Trussell Trust.

A 'collection of crackers' represents either 4 or 6 individual crackers, which you can then add additional individual crackers to your order.



These can be ordered via PTA events:

https://www.pta-events.co.uk/southvilleprimarypta

Raffle Tickets / Hampers:

Please return both sold and unsold tickets by Monday 29th November.

Additional books of tickets are available at the school office if you would like to sell more. They will also be able to be purchased on the day.

Please deliver your class hamper to Merrywood on Friday 2nd December, or bring along on the day to the fair.

Following the success of the coat swap, Lemur class will also be running this at the winter fair. Along with coats, we are looking for donations for forest school items - waterproof trousers, and warm winter items - hats and scarfs etc. Please bring these to either site on the 30th / 1st or 2nd December.

Cake donations - the cafe only works if we have cakes donated! Please bring these along to the fair, or drop to the office on Friday 2nd December to Merrywood Site only.

NO NUTS OR SESAME in any bakes. Thank you!

Donations:

Please see the poster below for dates for all your donations.

Toys and books can be donated this Friday 2nd December to our Merrywood site only.



Community News



WALK AND TALK

FAMILY BEREAVEMENT SOCIAL SESSION

for families who've experienced the death of somebody important

Meet other bereaved families and take a stroll around Ashton Court Estate at our informal Walk and Talk.

The team at Winston's Wish will be walking with you, on hand to connect you with others and available to let you know more about our free services. After the walk there will be the option to stay for tea, coffee or hot chocolate in the café.

20th December 2022 | Meet at 1pm

Courtyard Café, Ashton Court Mansion, Long Ashton, Bristol, BS41 9JN

winstonswish.org/walk

Winston's Wish is a Registered Charity (England and Wales) 1061359, (Scotland) SC041140



Giving hope to grieving children

Come in! For tasty food and good company





Free meals
Everyone is Welcome

Wednesdays 7:30pm at FoodCycle Bristol Easton Easton Christian Family Centre St Judes, BS5 0SQ

Saturdays 1:30pm at FoodCycle Bristol Barton Hill Settlement 43 Ducie Road, BS5 0AX



