

14<sup>th</sup> October 2022

@Southville\_Prim



## Southville Primary School Newsletter



Connection

Courage

Imagination

Care

### Happy Friday!

**Educational Visits...** This week Year 1 had a fantastic time visiting The Matthew as part of their 'Pesky Pirates' topic and week in, week out we see coaches coming and going taking the children to their Forest School sessions with Mrs Darwell. These experiences are such valuable parts of school life, however we are very mindful of the total cost to parents and carers of these experiences across the year.

The cost of coach travel in particular has soared in the last couple of years and this means we sometimes have to make difficult decisions about which visits we run and which we leave off the schedule, and are increasingly looking for places to visit that are walking distance.

So, if a trip we have run in the past is no longer happening, or if the frequency of visits seems to be slightly reduced please bear with us. Similarly, please do speak to Mrs Mathias, Mr Commander, Mr Potter or myself in confidence if you have any concerns about meeting the payments for the proposed visits.

**National Online Safety...** As part of our ongoing safeguarding duty, I wanted to share with you the excellent website National Online Safety. They produce really useful guides, (available here <https://nationalonlinesafety.com/guides/fifa-23>) to support parents and carers with identifying the potential online safety issues with new and popular online games. This link starts with the new Fifa 23 game, but from here you can also access guides for Roblox, Steam and lootboxes which are often found in online games. I am aware that many children in our school frequently play online games so urge you to spend a few minutes looking through these free resources.

**Hallowe'en Disco...** Thank you very much to Helen and all members of the PTA, including parents who helped supervise, for the Hallowe'en Disco this week. For the first time in a few years we were able to mix year groups and the children loved it! The costumes and dancing that I saw were both equally spectacular and a lot of fun was had by all.

Have a lovely weekend, Andy Bowman



## Safeguarding & Mentoring

### Coffee Morning update

These sessions are there for you to come along with any concerns you'd like to discuss with us, as well as having some outside agencies come in to give you advice and guidance in particular areas.

**Friday 21st October** - A general drop in and chat. This will be the last session for this term.

We look forward to seeing you,  
Paula and Catherine.



## The Association for Child and Adolescent Mental Health

Celebrated every October, ADHD Awareness Month aims to educate the public about ADHD by disseminating information informed by evidence-based research. This year's theme is '*Understanding a shared experience*'.

This ADHD Awareness Month, we encourage you to explore the learning opportunities available on our website. Together we can correct misunderstandings, educate the wider public, and highlight the lived, and shared, experience of young people with ADHD.

We have gathered a range of learning resources from leading academics, clinicians, researchers, and lived experience perspectives to raise awareness.

<https://www.acamh.org/blog/adhd-awareness-month-2022/>



National Adoption Week 2022

October 17 - October 23

This year, National Adoption Week is focused on the importance of identity and relationships for adopted people. Watch our main film below exploring adopted people's memories from before, during, and after they were adopted, discussing how these make them who they are today.

<https://youtu.be/4lztAeGEtGw>

Just a reminder that Bristol Parent Carers, in conjunction with the North Somerset and South Gloucestershire Parent Carer Forums, is hosting free training courses for parents and carers of children and young people who are on the waiting list for an Autism assessment.

These courses can give parents/carers insights into how to help and support their children with the challenges they may face whilst they are waiting for a formal assessment. These tools can be helpful whatever the outcome of the assessment.

The courses can be booked here: <https://www.eventbrite.co.uk/o/bristol-n-somerset-and-s-glos-parent-carer-forums-41027867683> and we'd be really grateful if you would share this information with your school communities please so that we can serve as many families as possible.

## British Dyslexia Association

Please see click the link to watch a great video  
"Supporting Spellings and Times Tables"  
produced for Dyslexia Awareness Week 2022

You can download the accompanying handouts here:

[Spellings](#)

[Times Tables](#)



## **Safeguarding & Mentoring cont.**

**Practical and informative online sessions from your expert team of local School Health Nurses.**  
**<https://cchp.nhs.uk/cchp/explore-cchp/school-health-nursing/school-nursing-webinars-parents-carers>**

Our webinars lasts between 30 and 45 minutes, with the opportunity to ask questions throughout. They're suitable for parents and carers of children and young people of all ages.

### **Keeping your child happy and healthy**

For families who would like ideas to create and sustain a healthy lifestyle for the whole family. This webinar looks at diet and healthy eating, exercise, sleep, and emotional wellbeing.

[Book session: 19 October 2022, 10:00-11:00](#)

[Book session: 18 November 2022, 10:30-11:30](#)

[Book session: 15 December 2022, 10:30-11:30](#)

### **Healthy eating and physical activity**

Find out how to maintain a healthy lifestyle, with advice on diet and exercise.

[Book session: 20 October 2022, 13:30-14:30](#)

[Book session: 24 November 2022, 10:00-11:00](#)

[Book session: 12 December 2022, 10:00-11:00](#)

### **Emotional wellbeing**

This presentation explores anxiety, low mood, self-harm and eating difficulties and provides parents and carers with strategies and information to build resilience and empathetic listening for children and young people.

[Book session: 7 October 2022, 13:00-14:00](#)

[Book session: 8 November 2022, 9:30-10:30](#)

[Book session: 7 December 2022, 13:00-14:00](#)

### **Eating disorder awareness**

This webinar looks at behavioural, physical, and psychological signs of eating disorders including restrictive eating, emotional eating and binge eating. It includes information on where to get advice and support.

[Book session: 19 October 2022, 9:30-10:30](#)

[Book session: 29 November 2022, 13:00-14:00](#)

### **Sleep**

This webinar will provide you with hints and tips to help improve the duration and quality of your child's sleep.

[Book session: 21 October 2022, 10:00-11:30](#)

[Book session: 22 November 2022, 12:00-13:30](#)

[Book session: 14 December 2022, 10:30-12:00](#)

### **Dental health**

Our School Health Nursing Team will give you advice on tooth brushing and foods that may cause tooth decay.

[Book session: 15 November 2022, 10:30-11:30](#)

[Book session: 1 February 2023, 13:30-14:30](#)



## OPAL play



The children at Merrywood have been putting to good use the old suitcase. They love being pulled around in it. If anyone has any more that are just ripped and not wanted anymore our children will put them to great use on either site.

The School Council this week have been asking their classes about a Scooter Trick Zone at Myrtle. I look forward to hearing what each class have suggested.

We have also had final quotes for a play structure at Merrywood. The children love the two designs.

### Donations:

Myrtle still needs dressing up outfits, tarps, fabrics and bark

Merrywood needs natural materials, logs

### Plea for the return of a lost scooter

A child left their scooter at Merrywood after school on Monday 10<sup>th</sup> October, when they attempted to bring “their” scooter home with them on Tuesday, they brought the wrong scooter back. Having realised the mistake they returned the scooter to school, expecting to be able to find their scooter. Unfortunately it hasn’t appeared. Please can you check your child’s scooter and ensure you have the correct one, if you notice your child now has a scooter with light up wheels when it previously didn’t, please return it to the school.



# Year Group Updates

## Nursery

Nee nah, nee nah... did someone call the fire brigade?!! Well you're in luck! Seahorse class have been busy all week in the class fire station; rescuing cats, moving fallen trees and of course putting out lots of fires! We've been answering our emergency phones and communicating via our stickle brick walkie-talkies! And we made notes for all our call outs, like true professionals.

We've had a lovely time exploring our autumn items, building homes for the hibernating animals, making autumn leaf hats and leaf rubbings.

This week we also read The Colour Monster; introducing the concept of our bodies experiencing lots of different emotions and trying to identify them by name and colour. You might spot our handy colour monsters on display in class, to help us refer to them when experiencing various emotions.

I wonder what fun we'll get up to next week?

## Reception

Dear Reception Families,

This week our focus is Harvest! Our focus book will be The Enormous Turnip and we will be cooking a delicious vegetable soup. Please see below for the days that each class will be cooking and a list of ingredients.

We have also finished our first block of Phonics teaching and will be completing an assessment with each child during the week. We will then be able to put children on to the appropriate reading book level and into reading groups straight after half term.

Each week our children will be accessing resources from our continuous provision. Here are our specific focuses for next week:

| <u>Area of Learning</u>                           | <u>Week beginning 17.10.21</u>  |
|---|---|
| Personal, Social and Emotional Development (PSED) | <ul style="list-style-type: none"><li>Circle Time: I am good at....</li><li>Zones of Regulation</li></ul>   |
| Communication and Language                        | <ul style="list-style-type: none"><li>'Bucket Time' (Attention Circle Times)</li><li>Circle Time - <u>Where</u> does our food come from?</li></ul>  |
| Physical Development                              | <ul style="list-style-type: none"><li>Balancing and co-ordination (PE)</li><li>Using knives to chop vegetables using a correct grip</li></ul>   |
| Literacy  | <ul style="list-style-type: none"><li>Focus book - The Enormous Turnip</li><li>Phonics - review all sounds and tricky words learned so far</li><li>Phonics Autumn 1 assessments</li><li>Letter formation and spelling CVC words</li></ul> |
| Mathematics                                       | <ul style="list-style-type: none"><li>Making simple patterns</li><li>Number Blocks</li></ul>  |
| Understanding the World                           | <ul style="list-style-type: none"><li>Harvest - Growing food and vegetables</li><li>Cooking - Making vegetable soup</li></ul>   |
| Expressive Arts and Design                        | <ul style="list-style-type: none"><li>Printing with vegetables</li><li>Music - learning simple songs</li></ul>  |
| <u>Characteristic of Effective Learning focus</u> | Active Learning <ul style="list-style-type: none"><li>Being Involved and Concentrating</li></ul>  |

## Reception cont.

### Additional Information

#### Cooking

We will be making vegetable soup this week in class. If you are able to, please could you send your child in with a vegetable on or before their designated cooking day:

|           |          |
|-----------|----------|
| Jellyfish | Tuesday  |
| Octopus   | Thursday |
| Starfish  | Friday   |

The soup will consist of the following:

- A selection of vegetables from the children (please see your class teacher if any vegetables need to be avoided)
- Vegetable stock
- Herbs

#### The outdoor area

Please can we ask that children and older siblings respect our outdoor area at the beginning and end of the day. We ask that they do not get any resources out that have been put away or climb on the equipment and fences. Thank you for your assistance with this.

## Year 1

The children had an amazing week this week visiting the Matthew, getting a taste of what it might have been like to sail the seas as a pirate. Thank you to all our parent volunteers.

Next week we will be visiting Windmill Hill City Farm for the first installment of our trip there. Please make sure that the children are wearing a waterproof coat, trousers and wellies, suitable for walking to the farm and digging in the mud. They will need to bring a small backpack to carry their water bottle and a healthy snack, if required. (Fruit will be provided by the school.)

Badgers - Monday 17th October

Bears - Tuesday 18th October

Butterflies - Thursday 20th October.

A reminder that our topic next term is 'Bandages and Bravery'. We will be launching this topic, with a 'WOW Day' all about life in Victorian Times. On Tuesday 1<sup>st</sup> November, it would be great if your child could come into school dressed in Victorian costume. Please don't feel you need to buy new - see if you can make a costume from bits you have at home! It would be lovely if your child could also find out a few facts about what life was like for a child in Victorian times and be ready to share their facts with their peers. In Victorian times, children had to bring in a penny to pay for their education, so maybe they could even bring in an 'imaginary' penny with them too!

## **Year 2**

It is Mrs Makings' last day with us today, as she begins her maternity leave. We wish her all the best with the birth of her baby - we know she will be a fantastic mum!

## **Year 3**

Thank you for all of the effort gone into researching a scientist or inventor for homework this week! We have been really impressed with the children's presenting skills and have enjoyed finding out about lots of interesting and inspiring people. We will continue to listen to any presentations that have not yet been shared, next week.

### **Cooking reminder:**

Next week your child will be cooking in school.

Please see the ingredients below and let the office/class teacher know if your child has an allergies.

### **Rock Cakes Ingredients:**

200g Self raising flour

75g Margarine

75g Caster sugar

50g currants

1 egg

1-2 tbsp water

2 carrots

1 teaspoon of mixed spice

If possible, please could each child donate £1 towards the ingredients. Thank you for all of the donations bought in so far. They will also need a container or tinfoil to bring home their rock cakes in. Honeybee class will be cooking on Monday, Hedgehogs Friday and Herons Wednesday.

## **Year 5**

Thank you to everyone who has booked a parents evening appointment next week. There are still slots available if you have not yet arranged a time using Iris Parentmail.

Lion class had a wonderful time at Forest School this week. Thank you to everybody who came to help us. If you would like to join us during the last week of term or first week of term 2, please can you let the office know.

## **Year 6**

Hi Year 6 parents and carers

We have almost completed the children's first term in year 6. It has gone quickly and we have packed lots in, including camp, chess and swimming - along with the old favourites: maths, science, English PE, history, art etc.

Please don't forget about parent's evening next week. We hope to see you there.





## Halloween Discos

Thank you to all the amazing volunteers who helped at the three disco's, and the effort in all of the children's and adult's costumes!

We saw over 430 children across the three discos, who all danced the night away with DJ Noel of Kids Zone Discos. Well done to all the new Y1's for their courage in coming to a new school hall for a Halloween Disco!



We will share details of profits from the sales once final costs have been paid.

## Comedy Night:

Southville Primary PTA are very excited to bring you our first 'Comedy Night'. Come and join us at Myrtle site on the 11th November for a night full of laughs! Entry from 7:30 with the comedians starting at 8pm. There will be a bar and snacks. Tickets will cost £10/ person, these can also be booked via:

<https://www.pta-events.co.uk/southvilleprimarypta/>

Please see the poster for details of the comedians:

**SOUTHVILLE PTA  
COMEDY NIGHT**

**11TH NOV  
@MYRTLE  
SITE  
7.30PM  
(FOR 8 START)**

**BAR AND SNACKS**  
Served by our  
wonderful PTA

**Tickets  
£10**

**THE BEST OF BRISTOL'S COMEDIANS**

**Morgan Rees** - 'BBC New  
Comedy' Finalist, 'So you Think  
You're Funny' and 'Chortle'  
Finalist.

**MC Mark Oliver** - The  
King of Bristol Belly  
Laughs

with  
**Jasmine Morton  
Amy Mason  
Sam Healer**

**PLUS... KICKOFF  
WITH A BRISTOL  
COMEDY LEGEND!**

**GUARANTEED  
LOLS  
HA HAS  
JOKES**

**CONTENT NOT THE RESPONSIBILITY  
OF SOUTHVILLE PRIMARY**



## Want to get involved?

We need volunteers to help run the bar at the comedy night; please sign up via PTA Events. We can't run the event without your help!

**If you'd like to be part of the Christmas Fair Planning group, we will be meeting next Thursday at the Spotted Cow at 730pm.**

## Dates for your diaries!

11th November - Comedy Night

3rd December - Christmas Fayre - Merrywood

TBC January - Beginners Ball for Reception

TBC February - Quiz Night

## Annual General Meeting:

Our next official PTA meeting will be held on **Wednesday 2nd November, and will be our AGM**. All current roles within the PTA; PTA chair, vice chair, treasurer and secretary will either be re-elected or new candidates voted for. If you wish to nominate yourself / have any questions, then please get in touch: [southvilleprimarypta@gmail.com](mailto:southvilleprimarypta@gmail.com). You need to attend the meeting in person or via zoom to vote for your candidate.

## OUR HARVEST APPEAL - NEXT WEEK

As in past years we will be celebrating harvest next week in school. If families would like to contribute, (this is totally voluntary), please send your children in with your any dried food and tins, and we will add it to our school collection.

Towards the end of the week, the food will be split between the local Bedminster Food Bank and our school foodbank.

### What we are collecting?

- biscuits
- dried pasta, rice, cous, cous etc
- tins of fruit, vegetables, soup etc

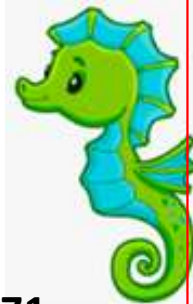
No fresh produce as it can decline over the course of the week.

Many thanks for your support. Every little helps 😊

Mrs Hayes



# Pre-school places available



Are you looking for a nursery /pre-school place,  
we have a few places available for January 2023 start.  
Come view our Preschool on Tuesday 1<sup>st</sup> November 4pm

If you are looking for a place, please email  
[merrywood.southvillep@bristol-schools.uk](mailto:merrywood.southvillep@bristol-schools.uk) or call 0117 377671

## Reception Parent Tours

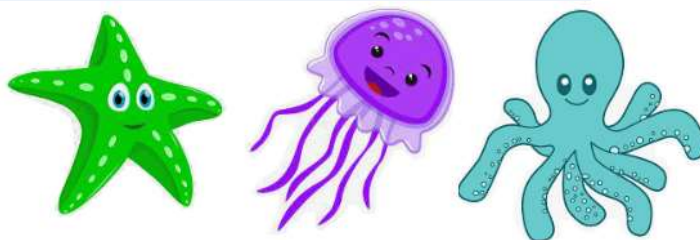
Are you looking for a reception place for September 2023.

Why not come and checkout Southville Primary on a Parent Tour.

Fri 25<sup>th</sup> Nov 9:30-11:00, Mon 28<sup>th</sup> Nov 13:30 – 15:00, Tue 10<sup>th</sup> Jan 9:30 – 11:00

If you would like to book on one of the following tours, please email

[merrywood.southvillep@bristol-schools.uk](mailto:merrywood.southvillep@bristol-schools.uk) or call 0117 3772671



Myrtle - Friday 25<sup>th</sup> November (from 8am)

Merrywood - Tuesday 29<sup>th</sup> November (from 8am)



**JEFFERSON STUDIOS**  
PHOTOGRAPHERS

✉ [sales@jeffersonstudios.co.uk](mailto:sales@jeffersonstudios.co.uk)

☎ 0117 983 0335

📍 80 West St, Bedminster, Bristol BS3 3LL

### Polite Reminder



Please remember from next term, all  
children's meals need to be booked in  
advance on ParentMail.

<https://www.kidsclub.org.uk/book/southville-infant/>



## Southville Infant School

### Dear parents and carers,

We are delighted to offer our clubs this term, led by our kind DBS certified expert instructors at your school.

No materials are required, your child simply needs to turn up!

Places will be allocated on a first come first served basis.

<https://www.kidsclub.org.uk/book/southville-infant/>

After School Club - Autumn Term

1h After School - 3:30-4:30pm

Week Commencing - 12th September - 21st October 2022

Week Commencing - 31st October - 8th December 2022



Please visit the link to book your child's place.

If you have difficulties with payment or have further questions you can contact us on live chat [kidsclub.org.uk](https://www.kidsclub.org.uk)

# CLUBS

**Monday**

Lego

**Tuesday**

Magic

**Wednesday**

Crazy Science

**Thursday**

Pottery



<https://www.kidsclub.org.uk/book/southville-junior/>



## Southville Junior School

### Dear parents and carers,

We are delighted to offer our clubs this term, led by our kind DBS certified expert instructors at your school.

No materials are required, your child simply needs to turn up!

Places will be allocated on a first come first served basis.

<https://www.kidsclub.org.uk/book/southville-junior/>

After School Club - Autumn Term

1h After School - 3:15-4:15pm

Week Commencing - 12th September - 21st October 2022

Week Commencing - 31st October - 8th December 2022



Please visit the link to book your child's place.

If you have difficulties with payment or have further questions you can contact us on live chat [kidsclub.org.uk](https://www.kidsclub.org.uk)

# CLUBS

**Monday**

Coding

**Tuesday**

Graphic Design

**Wednesday**

Robotics

**Thursday**

Baking







## Acting Out classes help develop communication, self esteem, self confidence and mostly we have lots and lots of fun!

Our drama club helps children to find their own voices and develop creativity, make friends grow in confidence in a safe and fun environment. Our Sessions include games, vocal work, imagination, storytelling, improvisation, and most important lots and lots of fun.

For more details on us and what we do please check out our website [www.actingoutdrama.com](http://www.actingoutdrama.com)

Classes for the new **Reception** will start on **Thursday 3rd November – Thursday 8th December – Merrywood - 15:30 – 16:30**

Classes for **KS1** next term will start on **Tuesday 1st November – Tuesday 6th December – Merrywood - 15:30 – 16:30**

Classes for **KS2** next term will start on **Wednesday 3rd November – Wednesday 7th December - Myrtle - in the Music Room 15:15 – 16:15**

If you would like your child to join, please complete the registration form and photographs permission forms below

<https://goo.gl/forms/ZGnxev6FuBtZlf453>

<https://goo.gl/forms/OnVcHrCRH089X8XA3>

We will confirm by email you to let you know if your child has a place in drama club. Once your child's place has been confirmed please make payment of £42 (£6 a week) for term 2 by BACS (using your child's full name as reference) to Acting Out Ltd

Account Number: 92398568. Sort Code: 608371 Account Name: Acting Out Ltd .

Please encourage the children to bring a water bottle and a snack as drama can be hungry work.

Looking forward to meeting them



Jacqui Ham Acting Out Drama

<http://www.actingoutdrama.com> Tel: 07956962422 email: [enquiries@actingoutdrama.com](mailto:enquiries@actingoutdrama.com)



## Therapeutic Art Group for Children

Aged 9 to 11 years (Years 5 and 6)

Maybe is running art groups for children struggling with mental health difficulties such as anxiety, low mood, shyness, trauma and self-harm.

The aim is to provide young people with a safe space where they can:

- explore and express their feelings through art
- be around others who may have had similar experiences.



Groups are led by a qualified, registered therapist.

The Maybe Art Studio is based at:

You can find directions on our website at: [www.maybe-southwest.co.uk](http://www.maybe-southwest.co.uk)

Maybe is a mental health charity so if you are able to donate towards your child's sessions to help us cover costs, we are always grateful. (Suggested donation £5.00 per week)



Improving access to psychotherapy and therapeutic art

Groups are run during term time on Thursdays from:

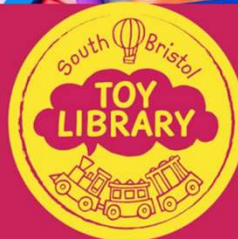
4.45 to 6.00 pm

Dress in messy clothes

How to apply:

You can contact Maybe at [maybesouthwest@gmail.com](mailto:maybesouthwest@gmail.com) or on 0794 1218072 to enquire about a place for your child.

Inwoods, Abbots Leigh Road, Bristol BS8 3QA.



### South Bristol Toy Library

- Open fortnightly Saturdays
- 10am - 12pm
- URC Hall, Stanley Street South

South Bristol Toy Library is run by volunteers.

Join as a member for access to over 1000 toys for ages 0 to 12.

SUPPORTED BY WINDMILL HILL CITY FARM

[hello@southbristoltoylibrary.co.uk](mailto:hello@southbristoltoylibrary.co.uk)



Toddler Dance

Wednesdays 10.00

The Elephant House, Dean Lane

(Also Fridays, 9.45am @ Knowle Methodist Church)

30 mins of fun and informal dance, followed by hot drinks, snacks, play and chat! Good music included!

£6.50 per session / discounted sibling & termly rate

For more info:

[www.facebook.com/happyfeetbristol](https://www.facebook.com/happyfeetbristol)

Call/text: 07880369423

[Hayleyhappyfeet@gmail.com](mailto:Hayleyhappyfeet@gmail.com)

Booking: [www.bookwhen.com/happyfeetbristol](https://www.bookwhen.com/happyfeetbristol)

THURSDAY'S @ THE ELEPHANT HOUSE

OFFERING FUN, CREATIVE AND CONFIDENCE BUILDING URBAN DANCE CLASSES - BASED IN BS3!

FANCY A FREE TRIAL CLASS?

INFO@LUNARDANCEACADEMY.COM 07927294238

LUNAR DANCE ACADEMY WWW.LUNARDANCEACADEMY.COM



# Turtle Opera



**A FREE Music and Drama creative project for young people aged 11-14 years who are on the Autism Spectrum and have an interest in music or drama.**

Over the course of nine Saturday afternoons, the group of autistic young people will work together with a professional composer and director to create their own music and story for a sharing, on the final Saturday, with friends and family. A dedicated pastoral team will also support the group. They will make friends, create and have fun!

**1 Oct to 26 Nov 2022**  
**Nine Saturday workshops (2pm - 5pm)**

**Beacon Music Centre**  
**35 Stanton Rd**  
**Southmead**  
**Bristol BS10 5SJ**

For further info & online application form, please go to:  
[turtlekeyarts.org.uk/turtleoperabristol](http://turtlekeyarts.org.uk/turtleoperabristol)

**CITY OF**  
**BRISTOL**  
**AQUATICS**



## FREEBIES

### FREE TRY OUT KIT

Googles, fins, snorkel, hand paddles, bag & a funky swimsuit/trunks available to borrow for every trial.

## DISCOVER

### COMPETITIVE SWIMMING

Win medals. Get fit & healthy. Reach for the Olympics! Para Swim, Artistic, Open Water & Water Polo too!

## INCLUSIVE

### MINORITIES & LGBTQ

We are serious about our values and welcome you. Refugees? Have hair/skin or financial worries? Speak to us.

## UNI

### SCHOLARSHIPS TO U.S

Open the door for FREE international opportunities

## FRIENDS

### NEW FRIENDSHIP GROUP

Swimmers & their Adults too!

## TRY IT

### COME FOR A TASTER

Mondays 7-8pm at Hengrove Leisure. Register first.

Visit: [cobaquatics.club](http://cobaquatics.club)

Email: [cobaquatics.enquiry@gmail.com](mailto:cobaquatics.enquiry@gmail.com)



**Shine**  
 WRAPAROUND CARE

## YOUR CLUB PROGRAMME FROM SEPTEMBER TO DECEMBER

|                  | AFTER SCHOOL CLUBS  | WRAPAROUND CARE - ALL YEARS                                       |
|------------------|---|---|
| <b>MONDAY</b>    | MY TIME WITH OUTDOOR ADVENTURE - YEAR 3 - 6<br>FOOTBALL CLUB - YEAR 3<br>PERFORMING ARTS CLUB - YEAR 4 - YEAR 6 | BREAKFAST CLUB<br>POST SCHOOL CLUB SHORT SESSION<br>SNACK & CHILL |
| <b>TUESDAY</b>   | MY TIME WITH FUN WITH FOOD - YEAR 3 - 6<br>ATHLETICS & RUNNING CLUB - YEAR 3<br>NETBALL CLUB - YEAR 4 - YEAR 6  | BREAKFAST CLUB<br>POST SCHOOL CLUB SHORT SESSION<br>SNACK & CHILL |
| <b>WEDNESDAY</b> | MY TIME WITH CREATIVE - YEAR 3 - YEAR 6<br>DODGEBALL CLUB - YEAR 3<br>FOOTBALL CLUB - YEAR 4 - YEAR 6           | BREAKFAST CLUB<br>POST SCHOOL CLUB SHORT SESSION<br>SNACK & CHILL |
| <b>THURSDAY</b>  | MY TIME WITH POTTERY - YEAR 3 - YEAR 6<br>NETBALL CLUB - YEAR 3<br>DODGEBALL CLUB - YEAR 4 - YEAR 6             | BREAKFAST CLUB<br>POST SCHOOL CLUB SHORT SESSION<br>SNACK & CHILL |
| <b>FRIDAY</b>    | FUN TIME FRIDAY & FILM FRIDAY - YEAR 3 - YEAR 6<br>POST SCHOOL CLUB SHORT SESSION - YEAR 3 - 6                  | BREAKFAST CLUB<br>POST SCHOOL CLUB SHORT SESSION<br>SNACK & CHILL |

[myshine.co.uk](http://myshine.co.uk)  
 @myshine  
 @myshine.co.uk

#SHINEON

please note our 6 day  
 cancellation policy

MYSHINE.CO.UK | 0117 403 3033

Childcare Vouchers



**Shine**  
 HOLIDAY CLUBS

## OCTOBER HALF-TERM



Shine Sports Ground  
 Shine Sports Hall  
 Clifton High School  
 & Coombe Dingle  
 Sports Complex  
 for Reception - Year 8

**20% OFF**

USE CODE:  
**Early Booker**

ANY ACTIVITY  
 \*for a limited time only

MyShine.co.uk





## Chess Club

Term 1 & 2 are now available to book in ParentMail. Pay for a term in advance, for your child to enjoy Chess Club.

Mondays at Merrywood from 3:30 – 4:30 for Reception to Year 2 children

Tuesdays at Myrtle from 3:15 – 4:15 for Year 3 to Year 6



# FOREVER SPORT HOLIDAY CAMPS

## STAY ACTIVE THE SCHOOL HOLIDAYS

Open to children in school years 1 to 6, our holiday camps offer a variety of sporting opportunities throughout the school holidays. With an emphasis on inclusivity, high activity levels and fun they provide a perfect environment for children to fall in love with sport and enjoy being active.



**TO BOOK:**



<https://bit.ly/2uhWE00>  
0117 963 0683

 @BSFound  
 @bristolportfoundation  
 Bristol Sport Foundation

Bristol Sport Foundation, Ashton Gate Stadium, Bristol, BS3 2EJ, CIC No: 1165410



# PRE-SCHOOL SWIMMING LESSONS

## NOW ENROLLING!

**OUR LEARN TO SWIM PROGRAMME FOLLOWS SWIM ENGLAND'S WORLD-LEADING SYLLABUS**

Places available for immediate start for children aged 3 years old

To book, please call  
**0300 333 0300**

**ACTIVECENTRES.ORG**  
0300 333 0300

**Active**  
Lifestyle Centres

**INSPIRING  
ACTIVE  
LIFESTYLES**

# BRISTOL FATHER VOLUNTEERS NEEDED

## DID YOU PARENT DURING THE PANDEMIC?

I want to talk to fathers and their partners about their experience of parenting during the pandemic and understand more about the longer-term impact this has had on fathering/ fatherhood.

## WHAT WILL THE RESEARCH INVOLVE?

You will be asked to participate in 3 different ways:

- 1) An interview with your partner
- 2) A solo interview
- 3) Keeping an audio diary

## WHO CAN TAKE PART?

- Are you in a heterosexually partnered married/ cohabiting couple?
- Do you have child(ren) aged under 13 who have been living with you since before March 2020?
- Are you based in Bristol?

\* YOUR TIME IS VALUABLE. AND YOU WILL BE COMPENSATED.

If you are interested in taking part please email [josie.horton@bristol.ac.uk](mailto:josie.horton@bristol.ac.uk)







the  
national  
**sleep**  
helpline

**Does your child  
suffer with  
sleep issues?**

Do you struggle  
with your child's  
bedtime?


Will your child  
not sleep in  
their own bed?

**WE CAN HELP**

**03303 530 541**  
Sunday - Tuesday & Thursday 7pm - 9pm  
Wednesday 9am - 11am



For the THIRD year running I am creating a group of subscribers to get a special group rate.

Subscribers receive one book a month from November to June, thus receiving a total of 8 books over the year, according to age and price (from £37 (until 3) to £44 (Medium max) ). 

You can have a look of the books there

<https://www.ecoledesmax.com/en-version.php>

You can have more informations on my facebook page French classes in Bristol for Toddlers, Kids and Adults

[https://m.facebook.com/story.php?story\\_fbid=pfbid02h5tCNi4GedftrNDtNbW7u4K8FJX7guWcp5bGjJ2oHXrwdrgimUB6ifAmWMKcGbd9I&id=100057418660708](https://m.facebook.com/story.php?story_fbid=pfbid02h5tCNi4GedftrNDtNbW7u4K8FJX7guWcp5bGjJ2oHXrwdrgimUB6ifAmWMKcGbd9I&id=100057418660708)

## Safeguarding & Mentoring cont.

Community Children's  
Health Partnership



East &  
Central Bristol  
Early Years  
Speech &  
Language  
Therapy Team

Early Years  
Telephone  
Drop-in  
**0300 125 6904**  
Tuesdays 9.30am-12pm  
(during term time)

Call to chat to  
one of our Speech &  
Language Therapists for  
advice and find out about  
available support.



The phone lines can  
get busy, but please  
do call back!

Service provided by:

Sirona  
care & health

Company Reg. No: 07585003 | Sirona care & health, 2nd Floor,  
Kingswood Civic Centre, High Street, Kingswood, Bristol, BS15 9TR



Community Children's  
Health Partnership



North Bristol  
Early Years  
Speech &  
Language  
Therapy Team

Early Years  
Telephone  
Drop-in  
**0300 124 5832**  
Thursdays 9.30am- 12pm  
(during term time)

Call to chat to  
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Language Therapists for  
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Community Children's  
Health Partnership



East &  
Central Bristol  
Early Years  
Speech &  
Language  
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**0300 125 6904**  
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care & health

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Kingswood Civic Centre, High Street, Kingswood, Bristol, BS15 9TR



Community Children's  
Health Partnership



South Bristol  
Early Years  
Speech &  
Language  
Therapy Team

Early Years  
Telephone  
Drop-in  
**0300 125 6279**  
Wednesday 9.30am- 12pm  
(during term time)

Call to chat to  
one of our Speech &  
Language Therapists for  
advice and find out  
about available support.



The phone lines can  
get busy, but please  
do call back!

Service provided by:

Sirona  
care & health

Please note, there will be no Telephone Drop-in session on 20th July 2022

Company Reg. No: 07585003 | Sirona care & health, 2nd Floor,  
Kingswood Civic Centre, High Street, Kingswood, Bristol, BS15 9TR





Community Children's  
Health Partnership



Bristol Early Years Speech and Language Therapy Team

# Baby Talk

How to help your baby learn to talk

A 1-hour session for parents and carers  
of children 0-18months  
living in Bristol

Online session- upcoming  
dates:

Tuesday 18/10/2022 1.30pm  
Friday 11/11/2022 10am  
Wednesday 14/12/2022 1.30pm

Come and find out:

What do babies need to learn?

How communication develops – what to expect & when.

What we can do to help your baby develop, feel safe  
and help their brain grow.

Book a place via: <https://www.eventbrite.co.uk/e/baby-talk-parents-and-carers-tickets-163631244457>

or email [sirona.sltearlyyears@nhs.net](mailto:sirona.sltearlyyears@nhs.net)

Service provided by:



Sirona care & health, 2nd Floor, Kingswood Civic Centre  
High Street, Kingswood, Bristol, BS15 9TR



Flu vaccination catch-up clinics are available for all students who did not receive their vaccination at school. Please book an appointment at <https://imms.sirona-cic.org.uk/flu/2022/bookflu> to book either nasal or injectable flu. If you have any queries please contact the Immunisation Team directly on 0300 124 5515 or email [sirona.sch-imms@nhs.net](mailto:sirona.sch-imms@nhs.net)