

WEEK B: 12th Sept 3rd Oct	Monday Meat free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Mexican bean fajita Served with 50/50 tomato rice and sweetcorn	Ham and sweetcorn pizza Or cheese and tomato pizza Served with herby potatoes and peas	Roast turkey Or vegetable hotpot Served with roast potatoes seasonal vegetables and gravy	Bolognaise pasta Bake Or red pepper and courgette pasta bake Served with broccoli	Fish fillet Or veggie fingers Served with chips and beans or sweetcorn
Jacket Potato	Cheese Or veggie chilli Served with fresh mixed salad	Beans Or tuna Mayo Served with fresh mixed salad	Cheese Or beans Served with fresh mixed salad	Bolognaise Or cheese Served with fresh mixed salad	Cheese and Beans Served with fresh mixed salad
Cold Option	Egg wrap Or cheese Wrap Served with pasta or 50/50 rice and salad	Ham roll Or cheese sandwich Served with pasta or 50/50 rice and salad	Cheese roll Or tuna mayonnaise wrap Served with pasta or 50/50 rice and salad	Ham wrap Or egg roll sandwich Served with pasta or 50/50 rice and salad	Cheese sandwich Or ham sandwich Served with pasta or 50/50 rice and salad
Dessert	Chocolate and orange shortbread	Fresh fruit salad	Berry mousse	Ginger sponge and custard	Peach crumble tart
	fresh fruit and yogurt available every day				