WEEK C: 9th May	Monday Meat free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Mixed bean chilli Served with fluffy wholemeal rice, tortillas, sour cream and vegetables	All day breakfast Or Vegetarian all day breakfast Served with sausage, egg, hash brown, fresh tomato and beans	Chicken and leek pie Or Winter Vegetable Pie Served with mash po- tatoes and peas	Spaghetti Bolognese Or Chunky vegetable Bolognese Served with garlic bread and seasonal vegetables	Fish fingers Or Veggie burger Served with chips and beans or peas
Jacket potato	Cheese, beans, tuna mayo served with fresh salad.				
Cold Option	Cheese and cucumber wrap or ham and tomato roll Served with mixed pasta salad	Cheese salad roll or tuna, mayonnaise and sweetcorn roll Served with mixed rice salad	Ham roll or cheese wrap Served with mixed pasta salad	Egg and mayonnaise roll or ham salad wrap Served with mixed rice salad	Cheese and tomato sandwich or ham and cucumber wrap Served with mixed pasta salad
Dessert	Chocolate and beetroot shortbread	Fully loaded banana cake and custard	Pineapple jelly	Apple and pear crum- ble and custard	Fruity flapjack
	fresh fruit and yogurt available every day				















Did you know?

We make all our meals freshly in our onsite kitchens every day

All our recipes are home made and meet the government's guidelines for healthy schools, ensuring a balanced lunch

All our fresh produce comes from Bristol Fruit and Veg market

All our meat is from South West England, and certified at least to RSPCA assured standards

All our cod is MSC certified, our tuna is dolphin friendly and our eggs are free range

We use low sugar and salt recipes and alternatives across our menu

Our supplier delivers in recyclable and reusable packaging, and has a 0% to landfill policy

Gluten free, dairy free and other special diets catered for, please speak to us directly

