1020	WEEK A: 28th Feb 21st March	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
	Hot Meal	Mac and cheese Served with garlic bread and green vegetables	Creamy chicken curry Or Red pepper lentil curry Served with fluffy wholemeal rice	Roast turkey Or Cauliflower cheese Served with roast potatoes and seasonal veg and gravy	Hot dog Or Veggie hot dog Served with paprika potatoes and sweetcorn	Fish fingers Or Vegetable fingers Served with chips and beans or peas
1780 45C	Jacket potato	Cheese, beans, tuna mayo, served with fresh salad.				
	Dessert	Country style Vanilla shortbread (with hidden carrots and fruit)	Jam and coconut sponge and custard	Blueberry jelly	Warm Peaches and custard	Frozen fruit smoothie
		Fresh fruit and yogurt available every day				

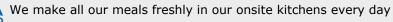
Did you know?

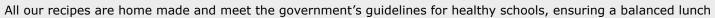












All our fresh produce comes from Bristol Fruit and Veg market

All our meat is from South West England, and certified at least to RSPCA assured standards

All our cod is MSC certified, our tuna is dolphin friendly and our eggs are free range

We use low sugar and salt recipes and alternatives across our menu

Our supplier delivers in recyclable and reusable packaging, and has a 0% to landfill policy Gluten free, dairy free and other special diets catered for, please speak to us directly





