| WEEK A: 22nd April 13th May | Monday <br> Meat Free | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Meal | Red pepper frittata <br> Or <br> Broccoli and cheese bake <br> Served with new potatoes and peas | Tandoori chicken wrap Or <br> Sweet potato and courgette wrap <br> Served with turmeric rice and sweetcorn | Roast turkey <br> Or <br> Veggie cottage pie <br> Served with roast potatoes, seasonal veg and gravy | Sausage <br> Or <br> Veggie Sausage <br> Served with mashed potatoes, and Seasonal vegetables | Fish fingers <br> Or <br> Cheese and onion pasty <br> Or <br> Salmon fish fingers <br> Served with chips, beans or peas |
| Jacket potato | Beans and cheese Or Tuna Mayo Served with fresh mixed salad. | Beans <br> Or <br> Cheese <br> Served with fresh mixed salad. | Cheese and beans Or Salmon mayo Served with fresh mixed salad. | Cheese and coleslaw Or <br> Beans <br> Served with fresh mixed salad. | Cheese and beans <br> Served with fresh mixed salad. |
| Cold Option | Cheese wrap <br> or Egg wrap <br> Served with pasta or 50/50 rice salad | Cheese roll or Ham sandwich Served with pasta or 50/50 rice salad | Ham roll or Cheese wrap <br> Served with pasta or 50/50 rice salad | Ham wrap or <br> Egg mayonnaise sandwich <br> Served with pasta or 50/50 rice salad | Ham wrap or Cheese wrap Served with pasta or 50/50 rice salad |
| Dessert | Raspberry shortbread | Pineapple and yogurt | Orange jelly with whipped cream | Apple and blackberry sponge | Frozen strawberry yogurt |
|  | Fresh bread, Fresh fruit and yogurt available every day |  |  |  |  |

