

WEEK A: Dairy free 22nd April 13th May	Monday Meat Free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Red pepper frittata or Broccoli and cheese bake Served with new potatoes and peas	Tandoori chicken wrap Or Sweet potato and courgette wrap Served with turmeric rice and sweetcorn	Roast turkey Or Veggie cottage pie Served with roast potatoes, seasonal veg and gravy	Sausage Or Veggie Sausage Served with mashed potatoes, and seasonal vegetables	Fish fingers Or Cheese and onion omelette Or Salmon fish fingers Served with chips, beans or peas
Jacket Potato	Beans or Cheese Served with fresh mixed salad.	Cheese Or Beans Served with fresh mixed salad.	Beans Or Salmon mayo Served with fresh mixed salad.	Cheese Or Beans Served with fresh mixed salad.	Cheese and beans Served with fresh mixed salad.
Cold option	Cheese wrap or Egg wrap Served with pasta or 50/50 rice salad	Cheese roll or Ham sandwich Served with pasta or 50/50 rice salad	Ham and cheese roll or Tuna mayo wrap Served with pasta or 50/50 rice salad	Cheese wrap or Egg mayonnaise sandwich Served with pasta or 50/50 rice salad	Ham sandwich or Cheese sandwich Served with pasta or 50/50 rice salad
Dessert	Raspberry shortbread	Pineapple and yogurt	Orange jelly with yogurt	Apple and blackberry sponge	Frozen strawberry yogurt
	Fresh fruit available every day				

WEEK B: Dairy free 29th April 20th May	Monday Meat free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Fully loaded mac and cheese Or Vegetable pasta bake Served with green vegetables and garlic bread	Creamy chicken curry Or Spinach and chickpea curry Served with 50/50 rice and sweetcorn	Gammon ham roast Or Cauliflower cheese Served with roast potatoes, seasonal veg and gravy	Chicken burrito Or Sweet potato and courgette burrito Served with nachos and sweetcorn	Fish fingers Or Cheese and bean wrap Served with chips, beans or peas
Jacket Potato	Cheese Or Beans Served with fresh mixed salad	Beans Or Tuna Mayo Served with fresh mixed salad	Cheese and beans Or Salmon mayo Served with fresh mixed salad	Beans Or Cheese Served with fresh mixed salad	Cheese and Beans Served with fresh mixed salad
Cold option	Egg wrap Or Cheese Wrap Served with pasta or 50/50 rice and salad	Ham roll Or Cheese sandwich Served with pasta or 50/50 rice and salad	Cheese roll Or Tuna mayonnaise wrap Served with pasta or 50/50 rice and salad	Ham wrap Or Egg roll Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham sandwich Served with pasta or 50/50 rice and salad
Dessert	Chocolate and beetroot brownie	Fresh fruit salad	Greek yogurt and honey	Summer fruit crumble	Strawberry smoothie pot
Fresh fruit available every day					

WEEK C: Dairy free 15th April 6th May	Monday Meat free	Tuesday	Wednesday	Thursday	Friday
Hot Meal	Cheese and tomato pizza slice or Pepper and sweetcorn pizza Served with mixed rice salad	Bolognese bake Or Vegetable bolognese bake Served with garlic bread and broccoli	Chicken potato topped pie Or Fully loaded vegetable potato topped pie Served with new potatoes and vegetables	Sausage Or Veggie Sausage Served with mashed potatoes and spa- ghetti hoops	Fish fillet Or Veggie sausage Served with chips, beans or peas
Jacket Potato	Cheese and coleslaw Or Baked beans Served with a fresh	Beans and or cheese Served with a fresh mixed salad	Cheese and or beans Served with a fresh mixed salad	Cheese and or beans Served with a fresh mixed salad	Cheese and or beans Served with a fresh mixed salad
Cold option	Cheese wrap Or Egg roll Served with pasta or 50/50 rice and salad	Cheese roll Or Ham sandwich Served with pasta or 50/50 rice and salad	Ham sandwich Or Cheese sandwich Served with pasta or 50/50 rice and salad	Ham wrap Or Cheese wrap Served with pasta or 50/50 rice and salad	Cheese sandwich Or Ham sandwich Served with pasta or 50/50 rice and salad
Dessert	Coconut shortbread	Strawberry jelly and cream	Banana and blueberry cake	Peaches and yogurt	Raspberry smoothie pot
Fresh fruit available every day					